THE CREATIVE PROCESS

Creativity can be defined as a phenomenon whereby something new and somehow valuable is formed. The created item may be intangible (such as an idea, a scientific theory, a musical composition or a joke) or an original physical object (such as an invention, a literary work, or a painting).

The books on this list will help readers to understand the creative process. The books will also help you to make the most of your creative opportunities, transforming the ordinary into the extraordinary. The Newton Free Library, as well as the Minuteman Library Network, has many other books to help readers understand the creative process. The listed Web sites can also be very useful and informative. Ask a librarian, if you need help.

Ashton, Kevin. **How to Fly a Horse: The Secret History of Creation, Invention, and Discovery.** 609 A82H 2015
Bennett, Cat. **Making Art a Practice: How To Be the Artist You Are.** 701.15 B43M 2013
Benson, R. **Dancing On the Head of a Pen: The Practice of a Writing Life.** 808.02 B43D 2014
Bissell, Tom. **Magic Hours: Essays on Creators and Creation.** 153.35 B54M 2012
Bloomston, Carrie. **The Little Spark: 30 Ways to Ignite Your Creativity.** 153.35 B62L 2014
Burstein, Julie. **Spark: How Creativity Works.** 153.35 B94S 2011
Cameron, Julia. **The Artist's Way for Parents: Raising Creative Children.** 155.413 C14A 2013
Carson, Shelley. **Your Creative Brain: Seven Steps to Maximize Imagination, Productivity, and Innovation in Your Life.** 153.35 C23Y 2010
Catmull, Edwin E. **Creativity, Inc.: Overcoming the Unseen Forces That Stand In the Way of True Inspiration.** 658.4 C29C 2014
Clair, Maxine. **Imagine This: Creating the Work You Love.** 828.09 C349 .CL 2014
DeSalvo, Louise A. **The Art of Slow Writing: Reflections on Time, Craft, and Creativity.** 808.02 D45A 2014
Goldstein, David B. **Creative You: Using Your Personality Type To Thrive.** 155.264 G57C 2013
Hare, Jenny. **Unlock Your Creativity.** 152.4 H22U 2011


Langer, Ellen J. *On Becoming an Artist: Reinventing Yourself Through Mindful Creativity*. 153.35 Langer 2005


Lewis, Sarah Elizabeth. *The Rise: Creativity, the Gift of Failure, and the Search for Mastery*. 153.3 L58R 2014

Perret, Gene. *Unleashing Your Creativity After 50*. 153.35 P42U 2008

Pritchard, Melissa. *A Solemn Pleasure: To Imagine, Witness, and Write*. 808.02 P93S 2015

Robinson, Ken. *Finding Your Element: How to Discover Your Talents and Passions and Transform Your Life*. 153.9 R56F 2013


Turchi, Peter. *A Muse and a Maze: Writing As Puzzle, Mystery, and Magic*. 808.02 T84M 2014


**Internet Resources**

http://char.txa.cornell.edu/language/creative.htm

www.brainpickings.org/2014/02/19/tiffany-shlain-creative-process/

www.gsb.stanford.edu/insights/how-design-thinking-improves-creative-process

www.npr.org/2012/06/01/153885491/the-creative-process

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