BRAIN INJURIES: TREATMENT AND CARE

Each year, traumatic brain injuries (TBI) contribute to a substantial number of deaths and cases of permanent disability. Traumatic brain injury is generally the result of a sudden, violent blow or jolt to the head. The brain is launched into a collision course with the inside of the skull, resulting in possible bruising of the brain, tearing of nerve fibers, and bleeding that disrupts the normal function of the brain. The severity of a TBI may range from "mild" to "severe." An estimated 1.7 million people sustain a TBI annually, including service men and woman. Those affected – patients, families and friends - are looking for answers about this medical condition.

The following books are available at the Newton Free Library. The Newton Free Library, as well as the Minuteman Library Network, has many other books to help readers learn more about brain injuries. The listed Web sites will also assist you in finding helpful information. SPECIAL NOTE - The material and links listed on this bibliography are intended for educational purposes and should not be construed as medical advice or instruction.


Barrick, Linda. Miracle for Jen: A Tragic Accident, a Mother's Desperate Prayer, and Heaven's Extraordinary Answer. BIO B276 .BA 2012

Cooper, Alan John. Brain Injury: The Riveting True Story About a Promising Young Person Who Endures a Severe Brain Injury, As Revealed Over the 30-Plus Years That Follow While On His Quest To Find Understanding, Acceptance, and a Final Legal Determination. 362.196 C78B 2015


Dehaene, Stanislas. Consciousness and the Brain: Deciphering How the Brain Codes Our Thoughts. 612.82 D36C 2014

Doidge, Norman. The Brain's Way of Healing: Remarkable Discoveries and Recoveries from the Frontiers of Neuroplasticity. 612.8 D68B 2015


Fisher, Sebern F. Neurofeedback in the Treatment of Developmental Trauma: Calming the Fear-Driven Brain. 616.8 F53N 2014


Kean, Sam. The Tale of the Dueling Neurosurgeons: The History of the Human Brain As Revealed By True Stories of Trauma, Madness, and Recovery. 617.48 K19T 2014

Leonhardt, Debbie A. Survival Kit: A Planner and Organizer For Survivors of Brain Injury and Their Families. 617.51 L55S 2011
Lorenz, Laura S. **Brain Injury Survivors: Narratives of Rehabilitation and Healing.** 617.481 L88B 2010

Meili, Trisha. **I am the Central Park Jogger: a story of hope and possibility.** BIO M476 .ME 2003

Michaelis, Lindy Boone. **Heaven Hears: The True Story of What Happened When Pat Boone Asked the World To Pray For His Grandson's Survival.** 248 M58H 2013


Peinkofer, J. **Losing Patience: The Problems, Alarms and Psychological Issues of Shaken Baby Syndrome.** 362.76 P35L 2014

Prasad, Kedar N. **Treat Concussion, TBI, and PTSD With Vitamins And Antioxidants.** 615.328 P88T 2016

Proebstle, Jim. **Unintended Impact: One Athlete's Journey from Concussions in Amateur Football to CTE Dementia.** 796.332 P94U 2015

Rajamani, Ashok. **The Day My Brain Exploded.** 362.196 R13D 2013


Roy-Bornstein, Carolyn. **Crash: A Mother, a Son, and the Journey from Grief to Gratitude.** 363.123 R81C 2012


Slykhuis, Timothy A. **Starfish Sky: Traveling From the Disability and Despair of a Traumatic Brain Injury to Finding Possibilities.** BIO S634 .SK 2013

Smith, Fraser. **Keep Your Brain Young: A Health & Diet Program For Your Brain, Including 150 Recipes.** 616.8 S64K 2014


Waddell, Marshéle Carter. **Wounded Warrior, Wounded Home: Hope and Healing For Families Living With PTSD And TBI.** 616.852 W11W 2013

Webster, Barbara J. **Lost & Found: A Survivor’s Guide For Reconstructing Life After a Brain Injury: Lighting the Way With Tips, Tools And strategies.** 617.51 W39L 2011

Wilcox, Christine. **Is Enough Being Done To Protect Athletes From Concussions?** 617.1 W641 2015

Williams, Kayla. **Plenty of Time When We Get Home: Love and Recovery in the Aftermath of War.** BIO W673 .WI 2014

Woodruff, Lee. **In an Instant: A Family's Journey of Love and Healing.** BIO W86 .WO 2007

**INTERNET RESOURCES**


[www.brainline.org/content/2013/12/brain-injury-book-list.html](http://www.brainline.org/content/2013/12/brain-injury-book-list.html) BrainLine is a national multimedia project offering information and resources for preventing, treating, and living with TBI.