RESOURCES ON ALZHEIMER'S DISEASE

At a time when the incidence of Alzheimer’s disease is increasing dramatically, those affected, families, friends and caregivers, are looking for answers about this very troublesome medical condition.

The following books are available at the Newton Free Library. The Newton Free Library, as well as the Minuteman Library Network, has many other books to help readers understand this subject. The listed Web sites will also assist you in finding helpful information. Ask a librarian, if you need help. The material and links listed on this bibliography are intended for educational purposes and should not be construed as medical advice or instruction. The book call number is underlined and printed after the title. EXAMPLE - 259.419 B12D 2016

Bachand-Wood, Colette. Do This, Remembering Me: The Spiritual Care of Those With Alzheimer's and Dementia. 259.419 B12D 2016

Berger, Amy. The Alzheimer's Antidote: Using a Low-Carb, High-Fat Diet To Fight Alzheimer's Disease, Memory Loss, and Cognitive Decline. 616.831 B45A 2017

Borrie, Cathie. The Long Hello: Memory, My Mother, and Me. 362.196 B64L 2015


Bredesen, Dale E. The End of Alzheimer's: The First Program To Prevent and Reverse Cognitive Decline. 616.831 B74E 2017


Comer, Meryl. Slow Dancing With a Stranger: Lost and Found In the Age of Alzheimer's. 362.196 C73S 2014

Devi, Gayatri. The Spectrum of Hope: An Optimistic and New Approach To Alzheimer's Disease and Other Dementias. 616.831 D49S 2017


Frank's wife. Caregiving For Beginners: What I Learned Caregiving For Frank and His Dementia. 362.196 W63C 2014


Ingram, Jay. *The End of Memory: A Natural History of Aging and Alzheimer's.* 616.831 I54E 2015


Kosik, K. S. *Outsmarting Alzheimer's: What You Can Do To Reduce Your Risk.* 616.831 K84O 2015


Mace, Nancy L. *The 36-Hour Day: A Family Guide To Caring For People Who Have Alzheimer Disease, Other Dementias, and Memory Loss.* 616.831 Mace 2017


Omnigraphics, Inc. (Firm). *Alzheimer Disease Sourcebook: Basic Consumer Health Information About Alzheimer Disease and Other Forms of Dementia . . .; Along With Information About Recent Research On the Diagnosis and Prevention of Alzheimer Disease . . .* Book is On Order and may be Reserved


Prasad, Kedar N. *Fight Alzheimer's With Vitamins and Antioxidants.* 616.831 P88F 2015


Shouse, Deborah. *Connecting In the Land of Dementia: Creative Activities To Explore Together.* 616.831 S55C 2016

Vincent, Constance L. *Not Going Gently: A Psychologist Fights Back Against Alzheimer's For Her Mother ... and Perhaps Herself*. 362.196 V74N 2014

Wayman, Laura. *A Loving Approach To Dementia Care: Making Meaningful Connections With the Person Who Has Alzheimer's Disease or Other Dementia or Memory Loss*. 616.83 W36L 2017


INTERNET RESOURCES

www.alz.org/ The Alzheimer's Foundation offers frontline support to individuals affected by Alzheimer's with services that include 24/7 information and referral, safety services, and education and support groups. The Web site is very useful with many links.


www.ninds.nih.gov/Disorders/All-Disorders/Alzheimers-Disease-Information-Page The Web site of the National Institute of Neurological Disorders and Stroke, a part of the National Institutes of Health, provides a great deal of information and links to other sites.

www.psychiatry.org/mental-health/key-topics/alzheimers-disease A useful Web site maintained by the American Psychiatric Association with easy to understand information for patients and family members.

December 5, 2017 EJW