Reading a great autobiography can be as exciting as your favorite mystery or spy thriller, provide more valuable and useful lessons than most self-help best sellers, and offer more professional development wisdom than you can learn in the classroom or at work. Reading autobiographies is a great way to expand your horizons and to see the world in new ways.

The books on this listing are in the Library collection and may be found using the “Call Number” after each title. The Newton Free Library and the Minuteman Library Network libraries have many other biographies and autobiographies. Ask a librarian, if you need help.

Andreas, Peter. Rebel Mother: My Childhood Chasing the Revolution. BIO A557 .AN 2017 ("The true story of a housewife turned radical who kidnapped her son and set off for South America in search of the revolution.")

Arce, Julissa. My (Underground) American Dream: My True Story As An Undocumented Immigrant Who Became a Wall Street Executive. BIO A668 .AR 2016 ("In telling her personal story, Arce eloquently tells what it means to be an undocumented immigrant.")

Armstrong, Erika. A Chick In the Cockpit: My Life Up In the Air. BIO A735 .AR 2016 ("She is the first woman airline captain of a commercial Boeing 727 to write a book about her experiences.”)

Babashoff, Shirley. Making Waves: My Journey To Winning Olympic Gold and Defeating the East German Doping Program. 797.21 B11M 2016 ("In her time, she was the most successful U.S. female Olympian and was considered to be one of the greatest female swimmer in the world.”)

Boxer, Barbara. The Art of Tough: Fearlessly Facing Politics and Life. BIO B69 .BO 2016 (The retired Senator caps off her Senate years with an insightful and revealing memoir of Washington.")

Brown, Tina. The Vanity Fair Diaries: 1983-1992. BIO B815 .BR 2017 ("Brown has written a memoir that tells readers a lot about the world of glamour magazines and New York in the 1980s.")

Chaplin, Heather. Reckless Years: A Diary Of Love and Madness. BIO C365 .CH 2017 ("She tried to reinvent her life after divorce and found that sometimes finding yourself is not all roses.")

Cora, Cat. Cooking As Fast As I Can: A Chef’s Story Of Family, Food, and Forgiveness. BIO C81 .CO 2015 ("Celebrated chef tells how she found her passion in the kitchen and went on to attend the Culinary Institute of America and apprentice under Michelin star chefs in France.")

Difabio, Alicia. Women Who Tri: A Reluctant Athlete's Journey Into the Heart of America's Newest Obsession. 796.425 D56W 2017 ("An exploration of the popularity, psychology, subculture, and transformative power of triathlons among ordinary women.")

Fadiman, Anne. The Wine Lover's Daughter: A Memoir. 823.09 F126 .FA 2017 ("Fadiman examines her relationship with her father, Clifton Fadiman, a renowned literary critic, editor, and radio host whose greatest love was wine.")

Feinman Todd, Barbara. Pretend I'm Not Here: How I Worked With Three Newspaper Icons, One Powerful First Lady, and Still Managed To Dig Myself Out of the Washington Swamp. BIO T566 .TO 2017 ("An accomplished former ghostwriter who worked with Bob Woodward, Carl Bernstein, Ben Bradlee, and Hillary Clinton goes behind-the-scenes of the nation's capital to tell the story of how she survived the exciting, but self-important and self-promoting world of the Beltway.")

Franklin, Missy. Relentless Spirit: The Unconventional Raising of a Champion. 797.21 F85R 2016 ("The 4-time Olympic Gold medalist and her parents trace the story of how she became a legendary athlete and a happy and confident woman.")

Gilder, Ginny. Course Correction: A Story of Rowing and Resilience In the Wake of Title IX. 797.123 G38C 2015 ("Follow one young woman's transformation from a couch potato into an elite athlete who reached the highest echelon of her sport and validates the necessity of Title IX.")

Hall, Lynn K. Caged Eyes: An Air Force Cadet's Story of Rape and Resilience. 362.893 H14C 2017 ("Hall was an aspiring pilot whose goal was to become an astronaut. This dream was horrifyingly derailed after she was raped by a classmate; an event that led to her being eventually dismissed from the Air Force Academy.")
Hegar, Mary Jennings. **Shoot Like a Girl: One Woman's Dramatic Fight In Afghanistan and on the Home Front.** 958.104 H36S 2017


Kelly, Megyn. **Settle For More.** BIO K297 .KE 2016 (“One of the most respected, hardest-hitting TV journalists in America tells the story of her life and career.”)

King, Coretta Scott. **My Life, My Love, My Legacy.** BIO K58 .KI 2017 (“The wife of Martin Luther King Jr., an American civil rights activist, tells her story.”)

Klobuchar, Amy. **The Senator Next Door: A Memoir From the Heartland.** BIO K691 .KL 2015 (“One of the U.S. Senate's most candid - and funniest - women tells the story of her life and her unshakeable faith in our democracy.”)

Kumar, Anjali. **Stalking God: My Unorthodox Search For Something To Believe In.** BIO K96 .KU 2018 (“A pragmatic young lawyer sets out on a spiritual pilgrimage, looking for answers - and nothing was off limits or too unorthodox.”)

Lerner, Betsy. **The Bridge Ladies: A Memoir.** BIO L592 .LE 2016 (“A fifty-year-old Bridge game provides an unexpected way to cross the generational divide between a daughter and her mother as Lerner is finally able to face years of misunderstandings and family tragedy.”)

Lloyd, Carli. **When Nobody Was Watching: My Hard-Fought Journey To the Top of the Soccer World.** 796.334 L77W 2016 (“The star of the 2015 U.S. Women's National Soccer Team which won the FIFA championship tells us how she became one of the best players in the world.”)

Lorenz, Marita. **Marita: The Spy Who Loved Castro.** BIO L897 .LO 2017 (“Lorenz was Fidel Castro's mistress and bore a son by him, was involved in Castro's assassination attempt, and had firsthand knowledge of John F. Kennedy's assassination – or so she says. Fact or fiction?”)

Lynch, Barbara. **Out of Line: A Life of Playing With Fire.** BIO L991 .LY 2017 (“The popular and very successful Boston chef takes readers on a wild ride as she describes her rise to success.”)

Mason, C. Nicole **Born Bright: A Young Girl's Journey From Nothing To Something In America.** BIO M381 .MA 2016 (“Mason details the nearly impossible story of her escape from poverty in an effort to demonstrate just how difficult that journey is for the poor.”)

Mccaskill, Claire. **Plenty Ladylike.** 328.73 M12P 2015 (“The female senator from Missouri shares her inspiring story of embracing her ambition, surviving sexist slings, making a family, losing a husband, outsmarting her enemies—and finding joy along the way.”)

Mckeon, Kathy. **Jackie's Girl: My Life With the Kennedy Family.** BIO M196 .MC 2017 (“In 1964, Kathy McKeon was just nineteen years old and newly arrived from Ireland when she was hired as the personal assistant to former first lady Jackie Kennedy. The rest is history up close and personal.”)

Merkin, Daphne. **This Close To Happy: A Reckoning With Depression.** 616.852 M54T 2017 (“The first account to try to tell the story of how it feels to suffer a lifetime's worth of clinical depression from the inside out and from a woman's point of view.”)

Mitchell, Tracey Helton **The Big Fix: Hope After Heroin.** 362.293 M69B 2016 (“After surviving nearly a decade of heroin abuse and hard living on the streets of San Francisco's Tenderloin District, Mitchell decided to get clean for good.”)

Quinn, Sally. **Finding Magic: A Spiritual Memoir.** BIO Q44 .QU 2017 (“The legendary Washington Post journalist and author talks candidly about her life at the white-hot center of power and the surprising spiritual quest that has driven her for more than half a century.”)

Rehman, Sabeeha. **Threading My Prayer Rug: One Woman's Journey From Pakistani Muslim To American Muslim.** BIO R269 .RE 2016 (“This memoir follows Rehman's journey from the time she had an arranged marriage in Pakistan through her years exploring a new life with her husband in the United States.”)

Scovell, Nell. **Just the Funny Parts: ... And a Few Hard Truths About Sneaking Into the Hollywood Boys' Club.** 791.49 S432 .SC 2018 (“Comedy writer / producer Scovell's account of her struggles in the male-dominated world of TV is a wonderful look inside the entertainment world.”)

Stevens, Michelle. *Scared Selfless: My Journey From Abuse and Madness To Surviving and Thriving*. 362.76 S84S 2017 (“Stevens, now a psychotherapist, sheds light on the threat of sexual abuse and the effects on its victims and methods for healing.”)

Trask, Amy. *You Negotiate Like a Girl: Reflections On a Career In the National Football League*. BIO T69 .TR 2016 (“The former CEO of the Oakland Raiders discusses her three-decade-long career as an executive in the NFL and she offers advice to women on succeeding as an executive in any business.”)

Waters, Alice. *Coming To My Senses: The Making of a Counterculture Cook*. BIO W315 .WA 2017 (“Chef, restaurateur, activist, and author - Waters writes about her childhood and formative years leading up to the opening of her iconic Berkeley, CA, restaurant Chez Panisse.”)

Welter, Jen. *Play Big: Lessons In Being Limitless From the First Woman To Coach In the NFL*. 796.332 W44P 2017 (“When Welter became a linebackers coach for the Arizona Cardinals in 2015, she was the first woman to ever break the glass sideline of the NFL. In *Play Big*, Welter reveals the grit that it took to be a trailblazer in the ultimate boys' club.”)

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